Important Dates to put in the diary

Friday 30th October  
Teddies for Timor Adoption Day—Lunchtime MPR  
Lacrosse Competition

Monday 2nd November  
Pupil Free Day—No School

Tuesday 3rd November  
Public Holiday—No School

Monday 9th November  
Indigenous Cultural Awareness Week

Friday 13th November

Tuesday 10th November  
Grade 3/4 Big Bash Cricket

Wednesday 11th November  
Grade 3/4 Gateways  
Grade 1/2 Indigenous Incursion

Thursday 12th November  
Grade 5/6 Gateways  
Whole School Incursion—Indigenous Performer  
2016 Prep play date 2.30 –3.30pm

We would like to wish the following students a very happy birthday.

<table>
<thead>
<tr>
<th>Silvery, 5/6D</th>
<th>Bianca, 5/6W</th>
<th>Mathew, 3/4G</th>
</tr>
</thead>
<tbody>
<tr>
<td>Luca, 3/4N</td>
<td>Arleigh, 5/6L</td>
<td>Amy, 3/4G</td>
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<tr>
<td>Ashton, Prep P</td>
<td>Kobe, 1/2L</td>
<td>Jomana, 1/2R</td>
</tr>
<tr>
<td>Eve, 3/4H</td>
<td>Aida, 3/4H</td>
<td>James, 3/4N</td>
</tr>
<tr>
<td>Noah, Prep P</td>
<td>Calan, 1/2C</td>
<td>Emily, 1/2R</td>
</tr>
<tr>
<td>Lucy, 5/6D</td>
<td>Gemma, Prep S</td>
<td>Taj, 3/4M</td>
</tr>
</tbody>
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Yard Duty Supervision
8.45 to 9.00am and 3.30 to 3.45pm

TERM DATES 2015

2015 Pupil Free Days
Mon 2nd Nov

TERM DATES 2015

Term 4
5/10—18/12

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AWARDS

<table>
<thead>
<tr>
<th>James, 1/2M</th>
<th>Myles, 3/4H</th>
<th>Lachlan, 3/4O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Noah, 5/6L</td>
<td>Gideon, 1/2R</td>
<td>Chris, 5/6D</td>
</tr>
<tr>
<td>Annie, Prep S</td>
<td>Sophia, 1/2O</td>
<td>Bailey, 1/2O</td>
</tr>
<tr>
<td>Aria, 3/4G</td>
<td>Mona, Prep C</td>
<td>Soleil, 5/6M</td>
</tr>
<tr>
<td>Khadiga, 3/4H</td>
<td>Charlie, 3/4O</td>
<td>Ruby, Prep P</td>
</tr>
<tr>
<td>Rudy, 1/2L</td>
<td>Kitty, 3/4N</td>
<td>Tara, 5/6W</td>
</tr>
<tr>
<td>Ahmed, 3/4M</td>
<td>Indy, 1/2C</td>
<td>Sebastian, 5/6M</td>
</tr>
<tr>
<td>Isaac, 5/6L</td>
<td>Tara, 1/2M</td>
<td>Annabella, 3/4G</td>
</tr>
<tr>
<td>Eleni, 1/2O</td>
<td>Max, 3/4O</td>
<td>Myles, 3/4H</td>
</tr>
<tr>
<td>Harry, 3/4H</td>
<td>Matilda, Prep S</td>
<td>Ethan, 3/4M</td>
</tr>
<tr>
<td>Eden, Prep C</td>
<td>Ben, Prep S</td>
<td>Gus, 5/6M</td>
</tr>
<tr>
<td>Tyson, 1/2R</td>
<td>Leni, 3/4O</td>
<td>Surya, Prep P</td>
</tr>
<tr>
<td>Xavier, 1/2C</td>
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Dear Parents/Guardians,

Newport Lakes Primary School has a wonderful culture of many students and parents walking or riding daily to and from school. It is fantastic to see our newly renovated bike storage area and scooter racks packed full of bikes and scooters everyday.

Monthly data has been recorded by Yr. 3/4 G students and so far this year the data shows that an average of 83 children walk to school each day and an average of 63 children either ride a bike or scooter daily. With the recent improvement in weather, it is believed this figure will significantly increase in term 4.

This is an amazing number and continues to grow every year. But with this increase in usage is also an increase in risk of an accident, however parents can assist greatly in making it safer for our children on the road.

By using two of the school values, Responsibility and Critical Thinking, parents can have meaningful discussions with children on how these values are so important when travelling on our roads. Displaying responsibility when on a bike, scooter or sharing the roads and footpaths and making good decisions are so important to their own safety and those around them.

In the last few weeks there have been a number of accidents involving our students riding their bikes and scooters to school. Young cyclists are permitted to ride on the footpaths but it is recommended they travel at walking pace - this ensures that they being responsible to those around them and they are able to make the correct decision if and when required. Likewise, the streets surrounding our school are very busy every morning and afternoon and it is imperative that drivers take extra caution when travelling in the vicinity of the school.

It is wonderful that our children can walk and ride to school, and do so in large numbers, but we must remember that they are still very young to be in control of a vehicle and still require continual support and guidance from an adult. And as parents, we all want our children to be always safe so extra vigilance is always required when driving near our schools. We have far too much invested to ever take our children’s safety for granted.

2016 School Structure. As was mentioned in the last newsletter, we are currently planning the school structure for 2016.

During this and next week, students will be asked to select class friends they would like to be with next year. Although it is unlikely they will be with all their chosen friends, we will endeavour to ensure that they are with at least one friend. We recommend that parents may wish to discuss friendship arrangements with their children and to trust them in selecting positive and suitable classmates.

Parents are invited to inform the school if there is any information that they believe is important when considering the selection of next year’s class for their child. Parents are not able to request a particular class teacher for their child but rather inform the school of any information that would be beneficial or important in the selection of their 2016 grade. This request must be in writing and can be made up until Friday 30th October. All will be given consideration but no promises or guarantees.

If any parents believe that their child may be transferring to another school in 2016, it is very important to make the school aware of this information.
Minister’s Visit  The school was recently visited by the Minister of Education, Mr. James Merlino and the Member of Williamstown, Mr. Wade Noonan. After a tour of the older classrooms and existing toilet block we discussed the school’s master plan and put a case forward for consideration for a future refurbishment of the school.

School Council realises that there is always a very high demand for public resources and funds but we believe our school buildings need attention and possible replacement to provide a high quality education for the present and future generations of the Newport Community. We were pleased that the Minister took the time to visit and listen to our views and, with the assistance of our local member, we will continue to work towards improving the physical environment of Newport Lakes Primary School to the highest standard possible.

The Minister also took some time out of his very busy schedule to talk about our wonderful school with the students and staff and was able to watch our talented children in the Ska band to perform two of their songs. He was very impressed!!

Sponsorship  As mentioned in the last newsletter, the school fete committee is desperately seeking sponsors for our 2016 Twilight fete. Unfortunately, we still haven’t been able to secure support and your assistance is urgently required.

Sponsorship is not only a fantastic way to support your school but there are also many benefits to be had for a reputable company or business being aligned as a supporter of the school.

If any parent has a business or is associated with a possible sponsor the fete committee would be very interested in hearing from you.

David Moss  Principal
‘From little things, big things grow’
Celebrating Indigenous Culture Awareness Week

We acknowledge the Yalukit Willam as the traditional custodians of this land and we pay our respect to elders past and present.

November 9 – 13 will be Aboriginal Culture Awareness week at school. The whole school will be looking, listening, playing and learning about Aboriginal and Torres Strait Islander culture. Each year level and the specialist programs will focus on Aboriginal and Torres Strait Islander culture. There will be two whole school events happening that week.

- On Thursday 12 Ron Murray, an Aboriginal artist and musician will be visiting the school to share his art, stories and artefacts with students.
- On Friday 13 at assembly the Crofts family will screen a short film that documents their visit to Iga Warta, an Aboriginal community in South Australia.

In the classroom

- Prep students will Skype with a remote community school in the Northern Territory. Students will also be reading dreamtime stories during literacy hour.
- Bronwyn Ferguson, an Aboriginal artist will be visiting the Grade 1/2 students on Wednesday 11 to share her culture and artwork. Students will also participate in an art making workshop. Grade 1/2 will be looking at Indigenous stories and artworks in their literacy studies.
- Grade 3/4 students will be learning about Indigenous astronomy and the constellations as part of their Space Inquiry topic.
- In Indonesian class, students will explore relationships between the history and language of Indigenous Australian and Indonesian people. They will discover many connections between the two cultures that have come about due to a common past.
- In Art, students will be decorating a tile to represent their ‘country’ based on Aboriginal artwork which will form a whole school art installation.
- Students will be playing Indigenous games during P.E. class.
- In Music, both 3/4 and 5/6 classes will be listening to traditional and contemporary music examples. Students will compare and contrast examples using the elements of music to understand composition.
- Drama students will explore Aboriginal dreamtime stories and participate in movement and storytelling activities.

There will be Aboriginal music during bell times and our new flag pole will have the Aboriginal flag flying.

A special thank you to the Newport Traders Association and the Crofts Family for sponsoring Ron Murray’s visit to our school. We appreciate your generosity.
The AMT Maths results have arrived and certificates will be presented at assembly tomorrow.

Well done to the 22 students who participated. We received 3 Distinctions, 10 Credits, 5 Proficiency and 2 Participation certificates.

**Distinction**
Year 3 – Hannah L
Year 4 – Finn M
Year 6 – Dion B

**Credit**
Year 3 – Kiera M, Archie N, Annabella O
Year 4 – Harvey D, Harry O
Year 5 – Ben D, Ruby L, Gus O, Hamish W
Year 6 – Heide S

Congratulations to all participants on your achievements!

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**Brainteaser**

One word does not belong in the following list. Which one is it?
Deforest, Exponents, Freighter, Listening, Saltworks

**Answer:** Deforest – All the rest have a number in the middle of them.
Fete Update

The Fete Committee would like to thank the following parents for giving up their time to help lead a stall for the 2016 NPLPS Fete:

Amy Taylor, Sophie Hickford, Ysra El Houli, Kate Tapping, Jacqui Newbegin, Helen Donovan, Katrin Nathisarasia, Sioned Walker, Sonia Budde, Christine Moon, Lucy Anne Inglis, Elisabeth Groves, Alison Pyle, Simone Edwards, Anna Kolvsniewski, Michelle Morley, Leah Hewitt and Anita, Daria Hewitt, Alicia King, Noel Landry, Natalie Hill, Gail Virgona and Kirstin Hirchfield.

We are still looking for a few more Team Leaders for the Plants/Flowers Stall and Chicken Kebab Stall and we are looking for a couple more Food Stalls if you have any suggestions. You will be provided with loads of info and support along the way, and we welcome if you want to grab a friend or 2 to share the love! Michelle Kinniburgh would love to hear from you (Ph: 0452 192 409 or Email: mlkinniburgh@gmail.com)

We are on the lookout for Marquees (Shade tents) and trestle tables that we could borrow/use for each of the Stalls. If you have one (or two) that we could use, or know someone who can get access to some, please contact us.

We have lots of different sponsorship packages to suit all budgets, with heaps of marketing exposure. Although cash donations are preferable, we are also interested in businesses who can assist in donating goods (ie meat, bread, soft drinks, fruit, veg, plants/flowers, popcorn, fairy floss, icy poles, sushi etc, or use of equipment, marquees, tables, etc). We also would like to invite families to become 'sponsors' the fete, especially to those who might not be available to attend or participate on the day of the Fete! Please contact Nicole Mansfield on Ph: 0408 829 722 or Email: nicole.mansfield1@yahoo.com.au

Singing, dancing, bands, ballet, comedy, bagpipes, hip-hop, choir, DJ’s, and more.... We are looking for exciting, entertaining and unique acts for our 2016 Fete "Main Stage". If you are keen to perform or know someone who is, please get in touch!

Don't forget to click "LIKE" on our Fete Facebook page Newport Lakes PS Twilight Fete 2016, and get your family and friends to like us too!

Cheers
The 2016 Fete Committee
eTips: Issue 6

Cybersafety Help Button

The Australian Government’s Cybersafety Help Button provides internet users, particularly children and young people, with easy online access to cybersafety information and assistance available in Australia. It offers counselling, reporting and educational resources to assist young people to deal with online risks including cyberbullying, unwanted contact, scams and fraud, and offensive or inappropriate material.

- The help button is a free application that is easily downloaded onto personal computers and mobile devices.
- All you need do is choose one of the installation options. Once the help button is installed, you can access it anytime for help or advice about something unsafe or upsetting that you have encountered on the internet.
- If you would like to see where the button takes you before deciding to download it, visit the cybersafety help and advice page (www.esafety.gov.au/help). Young people should get permission from their parents or caregivers before downloading the button.

For further information, visit https://esafety.gov.au/complaints-and-reporting/cybersafety-help-button
It's official!

Newport Lakes PS is now an eSmart school.

We are now one of the 340 schools across Australia that has reached eSmart status! 2,300 other schools around the country continue to work towards reaching this point.

What is an eSmart school?

An eSmart school is a school where the smart, safe and responsible use of information and communications technology is a cultural norm. Students, teachers and the wider school community are equipped to embrace the best these technologies can offer, while being savvy about the pitfalls.

The eSmart Schools Framework

We have been using this along our journey in order to reach this status. The eSmart system guides the whole school community through a process of developing and implementing change. It is based on a great deal of research and evidence about what has worked to generate change in schools in Australia and around the world.

eSmart schools framework is organised into six domains:
On Monday 26th October Harry competed at the Victorian State Athletics Championships at Albert Park. Harry jumped 1.29m in the 9/10 boys high jump and came 5th place in the state.

Congratulations Harry on a fantastic result.

SCHOOL BANKING UPDATE

Several students now have ten or more silver tokens so are eligible to claim a School Banking reward. Only a limited number of tokens can be carried over to 2016, so please place your order soon. Last orders will be processing on Monday 30th November to ensure they are received before the end of the school year. Reward items available this term are shown below. Please print this form or include a handwritten note with your child’s name, class and the reward item they want along with 10 silver tokens next time they bank. Note some students are eligible for more than one reward. Please note, the Lunar Light Band that was originally offered as a Term 4 reward has been recalled due to potential safety issues and has been replaced with the Galaxy Glider Frisbee.

If you have any questions, please call/SMS or email the School Banking Co-ordinators (Parent representatives):
Allana Arapakis on 0400 113 333 or aarapakis@optusnet.com.au
Daria Hewitt on 0402 329 611 or daria.nick@gmail.com
Common questions and what you can do about them!

Q. “My child is feeling concerned about his transition from Year 6 to Year 7, what would you suggest?”

A. It is normal for children to feel anxious about the transition from primary school to high school. They are going to a bigger school, with different children, new teachers and unfamiliar routines. Here’s how you can help your child feel prepared for high school:

• Check if their new school is running a transition program, and make sure they are signed up.

• Explain to them what to expect at high school - more self-directed work, more organisation required, different class structure etc.

• Encourage your child to consider the positive things about moving to high school, such as the extracurricular activities and extra independence.

Who are onPsych?

onPsych is Australia’s largest provider of bulk-billed Medicare funded school-based psychology services using Psychologists and Mental Health Social Workers. We specialise in child and adolescent mental health interventions and family intervention dealing with a range of disorders such as anxiety, depression, ASD, ADHD, grief, and self-harm. Working in schools enables us to use a collaborative approach with students, teachers and families; essential for optimal outcomes.

Thousands of Australian Children Suffering Mental Illness

A recent study has found that as many as one in 10 Australian children have mental health disorders. The survey found widespread depression and anxiety amongst children, as well
as significant self-harming behaviours and suicidal thoughts. The good news is that more children are receiving help for their mental health problems. The survey indicated that more than two thirds of children with mental health disorders had accessed mental health services, compared with less than one third in 1998. onPsych services are able to work on-site in schools to assist children in need of support. Please contact us for further information.

The Importance of You

Being the last term for the school year, teachers are starting to feel extra pressure from panicked parents, and children are getting tired. Here are some tips to get you through to the end of the year!

• Learn to say no: Tell people firmly and politely if you don’t have time to do something for them.

• Prioritise and don’t procrastinate: Make a list of priorities and focus on what needs doing immediately. Avoid wasting time on things that aren’t urgent. Where possible, break down larger jobs into smaller, more manageable ones.

• Think about when you work your best: Recognise at what time of the day you are most productive, and aim to do most of your work then.

• Use technology carefully: Text and send emails at certain times of the day, and put your phone out of reach at night.

• Focus on what is in your control: Make a list of things causing you stress, then divide it into ‘things that are in my control’ and ‘things that aren’t in my control’. Focus on the things that are in your control and put others aside.

• Find time each week to do relaxing and fun activities: Read a book, take a bath, go out for dinner, start a creative project (i.e. knitting, colouring or puzzles).

• Look after your body: Eat a balanced diet, limit caffeine and alcohol, exercise regularly and 8 hours of sleep each night.

This information is part of our “The Importance of You” workshop. We have a range of effective and practical workshops that can be run to students, parents and teachers on a wide array of topics. Contact us for a full list or for more information about how these can be run at your school.

For further information on anything included in this newsletter please contact Dr Natalie Flatt, General Manager of onPsych, on 1300 659 350 or nflatt@onpsych.com.au.
TWILIGHT SOIREE
Thursday 19th November, 6.30pm

Students of Newport Lakes present an evening of solo music performances.

Are you... a student who has learned an instrument/voice for at least 1 year and is currently having lessons? All ages welcome.

Rachael Lawrence, Newport Lakes mum and pianist, will perform with any students requiring piano accompaniment for the concert which includes one rehearsal.

Places are limited so please contact Rachael Lawrence ASAP. rachaelmilsom@optusnet.com.au
Friday 30th October - Lunchtime in the Art room
Sponsor a teddy for $5

On Friday at lunchtime students will have the opportunity to sponsor one of the hand knitted teddies for $5. Children will get to name the teddy and name themselves as the sponsor on a name tag. The teddies will then be given to sick children attending the Bairo Pite Clinic in East Timor.

The sponsorship money raised will help pay for shipping medical supplies and teddies to the clinic. To avoid disappointment, please explain to your child(ren) that they are not buying a teddy. Each child that sponsors a teddy will receive a certificate of appreciation.
MARIAN COLLEGE: Sunshine West is now accepting enrolments for girls entering Year 7 in 2017. (There are limited vacancies for girls in Years 7-12 for 2016.) Tours of the College are available on the first Tuesday of every month. The next open morning tours will be held on Tuesday 10th November and Tuesday 1st December commencing at 9:00am and at other times by appointment.

For enrolment details or to arrange a tour of the College, please call 9363 1711. For further information about the College visit www.mariansw.catholic.edu.au

BECOME A FOSTER CARER!

All sorts of people make great Foster Carers. They are tradesmen, nurses, sales reps, shop assistants, teachers etc. They are couples, singles, from different cultural backgrounds, with or without their own children. They are people who have the desire to give a child a safe and welcoming place to stay.

Our next information session is on Saturday 28th November 2015 @ 10.30am to 11.30am in the Yarraville area. Come along to find out more & have your questions answered. Ask us to come and speak at your school. To book or to receive an information package please contact Liesl Trenfield on 93967400 or liesl.trenfield@anglicarevic.org.au. It is easy to become an Anglicare Foster Carer, call us NOW to talk about how You will make all the difference!
MUMS & DADS

black & white night

White Ribbon Fundraiser

Join the DONS in taking a stand to end violence against women.

whiteribbon.org.au

All event profits and proceeds to go to White Ribbon Australia. White Ribbon is Australia’s only national, male led Campaign to end men’s violence against women.

Major sponsor:

THE SUBSTATION

$20 per ticket > $5 from each ticket sale goes to your school/centre

Friday 27th November 2015. 7.30 pm - Late.
Venue: The Substation. 1 Market St Newport

Dress: in black & white attire: fun, fancy or casual

Ticket includes:
Entry / Band / Photobooth / Drinks at Bar Prices

ORDER FORM:
please return this slip & payment in an envelope to the RECEPTION.
CASH ONLY - No CHEQUES

Parent’s Name(s)/ Class:

How many ticket(s) you would like: Qty: $20 per ticket (per person). Total: $
SPOTSWOOD DISTRICT
LACROSSE TOURNAMENT

Lacrosse
Modern day lacrosse descends from games played by various Native American communities. These include games called da-nah-wah’uwsdi (little war) in Eastern Cherokee, Tewaarathon (little brother of war) in Mohawk language, and baaga’adowe (bump hips) in Ojibwe. Lacrosse was traditionally played to settle inter-tribal disputes, to toughen young warriors for combat, for recreation, as part of festivals and was also played for religious reasons: “for the pleasure of the Creator.” The game has been modified extensively by the European immigrants to create its current form, which is one of the fastest games on two feet.

We hope you enjoyed playing the sport of Lacrosse and look forward to seeing your school back next year for the Spotswood District Lacrosse Tournament. If you are interested in joining and learning to play Lacrosse please contact the clubs below for more information.

ALTONA LACROSSE CLUB
Location: PJ Lynch Reserve,
Paisley Park, Mason St, Altona North.
Email: recruitment@altonalacrosse.com.au
Junior Co-ordinator: Bernard McDonald - 0401770218

WILLIAMSTOWN LACROSSE CLUB
Location: Fearon Reserve,
Cnr Garden St & Esplanade, Williamstown.
Email: juniors@williamstownlacrosse.com.au
Junior Co-ordinator: Darren Gibson

NEWPORT LADIES LACROSSE CLUB
Location: PJ Lynch Reserve,
Paisley Park, Mason St, Altona North.
Email: newportladieslax@gmail.com